

## The Tippolly Guide to Crop Rotation for the Home Gardener

Crop rotation can help prevent certain diseases and can help build up the soil if done properly. Well, not all of us do things properly all the time do we? It is so easy to take shortcuts, but if we will just take the time to pay attention to our garden, it will love us in return and produce more veggies for the table.

Every fourth year, each bed should get a hit of nitrogen. There are many ways to do that with alfalfa, clover, etc., but we like what we call the “Nitro Crop” which is nothing more than a dense planting of various peas and beans. We like these because they can be served on the table and canned for the winter. When the Nitro’s are finished producing, we till in the plants for the winter.

We have put together our version of a crop rotation table that might just help you in some way:

### Vegetable Rotation Plan

	Area 1	Area 2	Area 3	Area 4
Year 1	Group 1	Group 2	Group 3	Nitro Crop
Year 2	Nitro Crop	Group 1	Group 2	Group 3
Year 3	Group 3	Nitro Crop	Group 1	Group 2
Year 4	Group 2	Group 3	Nitro Crop	Group 1

### Vegetable Groups

Group 1	Group 2	Group 3	Nitro Crop
Celery	Beets	Asian Greens	Beans
Corn	Carrots	Broccoli	Peas
Eggplant	Parsnips	Brussels Sprouts	
Onions	Potatoes	Cabbage	
Peppers	Radishes	Cauliflower	
Squash	Turnips	Lettuce	
Tomatoes		Kale	

Copyright  
2009©Tippolly Farm

[www.tippolly.com](http://www.tippolly.com)